



## **Red Pepper & Zucchini Toss**

6 servings

### **Ingredients**

- 1 lb. sweet red peppers
- 1 lb. zucchini
- 1 tbs. olive oil
- ½ tsp. minced garlic
- pepper to taste

### **Preparation**

1. Wash and cut peppers into 1-inch pieces.
2. Wash and trim ends of the zucchini. Then quarter lengthwise and then cut into 1-inch pieces.
3. Heat oil and sauté zucchini for 3-4 minute, until lightly browned and barley softened.
4. Stir in the garlic, cook 30 seconds, and then add the peppers.
5. Heat together for about 2 minutes.
6. Season with pepper to taste and serve hot.